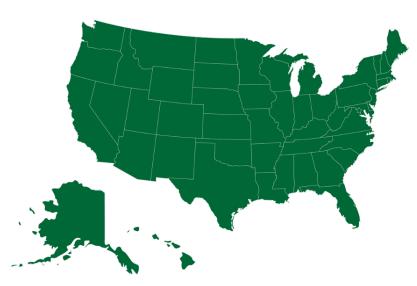


## **HUGE EXPANSION 2024!**

We are proud to announce our seed outreach will now serve the entire United States!



https://www.iheartseeds.com

**FREE** see distribution outreach for low-income families who wish to garden and grow their own food!

If you are like many people, then you like knowing what is in your food and where it comes from.

We will begin mailing 2024 garden packages in late November 2023, so get your requests in! Each garden package consists of at least 10 unopened random packets of seeds. We distribute vegetable, herb, fruit, and flower seeds so there will probably be something in

https://www.iheartseeds.com

the package you will like. If there are seeds you don't care for, please feel free to trade them with friends, family, neighbors, or co-workers, etc. Seed packages are made ahead of time, so there isn't a selection system.

The seeds we distribute are from donations by seed companies, seeds we have purchased in bulk or individually, or seeds harvested by myself, family, and friends from previous growing season(s).

Packages are limited and will be distributed on a first come first served basis. One package per name. One package per address. We use the honor system to help our community, so please be honest and respect this.

This is our third season, please help make it easy for us by being honest, kind and patient. Last year was such a success that we are expanding yet again and going another year! We hope to make this an annual outreach!

Photos upon receipt of seeds would be greatly appreciated so we can update our donators, but they are NOT required. Progress photos of gardens would also be greatly appreciated, to update this outreach and our benefactors, but again, this is not a requirement.